



Breakfast:

- Fava beans
- Eggs
- Peanut butter
- Jam
- White cheese
- Chocolate spread
- Cheddar & gouda cheese
- Oat
- Yoghurt
- Pita bread & toast



Lunch:

- Aubergine salad
- Yoghurt fruit salad
- Cheese pies
- Mini pizza
- Flafel
- Green salad
- Grilled vegetables
- Mini minced meat sandwich



Dinner:

- Vine leaves
- Chicken kebab
- Cheese pies
- Green salad
- Rice
- Grilled vegetables
- Red beans & corn salad
- Beef kebab

- Pasta red sauce
- Salad

- Grilled chicken
- Fried potatoes

- Brown rice
- Haloumi salad
- Grilled fish

- White rice
- Baked fish with potatoes

- Greek salad
- Fish soup

